

# Welcome to the District 30 3K & Pre-K Centers Family Orientation Meeting

**Principal: Dr. Suzan H. Goldstein**  
**Assistant Principal: Mrs. Anne Hogan**

**Thursday: August 31, 2023**

**Our school hours are from  
8:10am-2:30pm daily**



## District 30 3K/Pre-K Centers Parent Handbook 2023-2024

Dr. Suzan H. Goldstein, Principal  
Mrs. Anne Hogan, Assistant Principal

<b>Q389</b> 96-10 23 <sup>rd</sup> Avenue East Elmhurst, New York 11369 718-533-5030 Site Coordinator: Lisa Novak	<b>Q397</b> 32-52 37 <sup>th</sup> Street Astoria, New York 11103 718-316-9337 Site Coordinator: Shannon Greenberg- Garcia
<b>Q972</b> 27-35 Jackson Avenue Long Island City, New York 11101 718-391-4660 Site Coordinator: Janelle Lankounds	<b>PS/IS 78</b> 48-09 Center Blvd Long Island City, New York 11101 718-472-6041 Site Coordinator: Marilyn Guzman

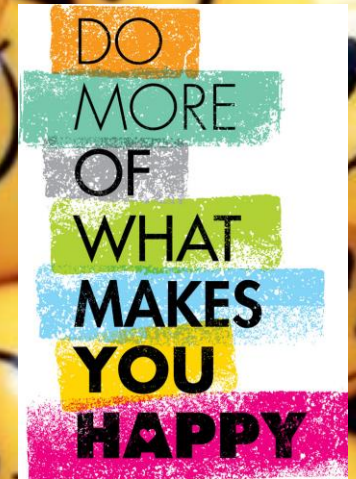
[www.District30PreKCenters.com](http://www.District30PreKCenters.com)

<https://www.facebook.com/district30prekcenter>

<https://twitter.com/D30PreK>



D30 3K/Pre-K  
Music Video!





A blue background with scattered colorful wooden letters and numbers. The letters are in various colors including red, green, yellow, and blue. Some letters are in focus, while others are blurred in the background. The text is centered and reads: 

**We Are Pleased To  
Welcome You To Our  
School Community**



# Hello! From our administrative team



**Dr. Suzan H. Goldstein**  
**Principal**



**Mrs. Anne Hogan**  
**Assistant Principal**







# Our Centers

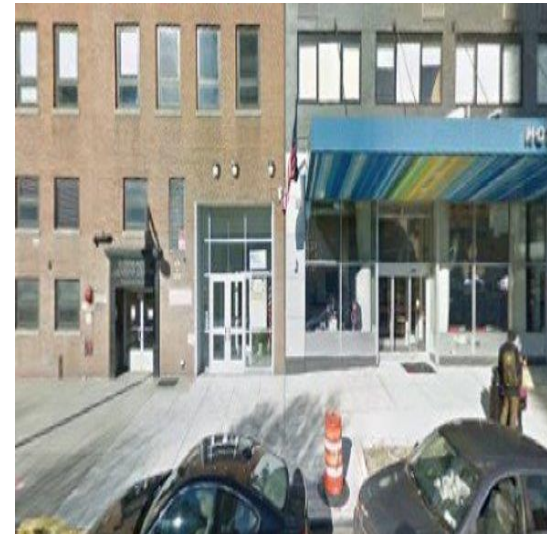


**Q389: 30Z021:  
96-10 23rd Ave,  
East Elmhurst**

**Q397: 30Z070:  
32-52 37th  
Street, Astoria**

**Q972: 30Z119:  
27-35 Jackson Ave,  
Long Island City**

**PS/IS 78: 30Z058:  
4809 Center Blvd.  
Long Island City**



# Our Sites: *A day in a life...*

Video: <https://www.youtube.com/watch?v=PUrwhqE7H2s>



# Our School Secretary & Our Site Coordinators



**School Secretary:** Vanessa Luna

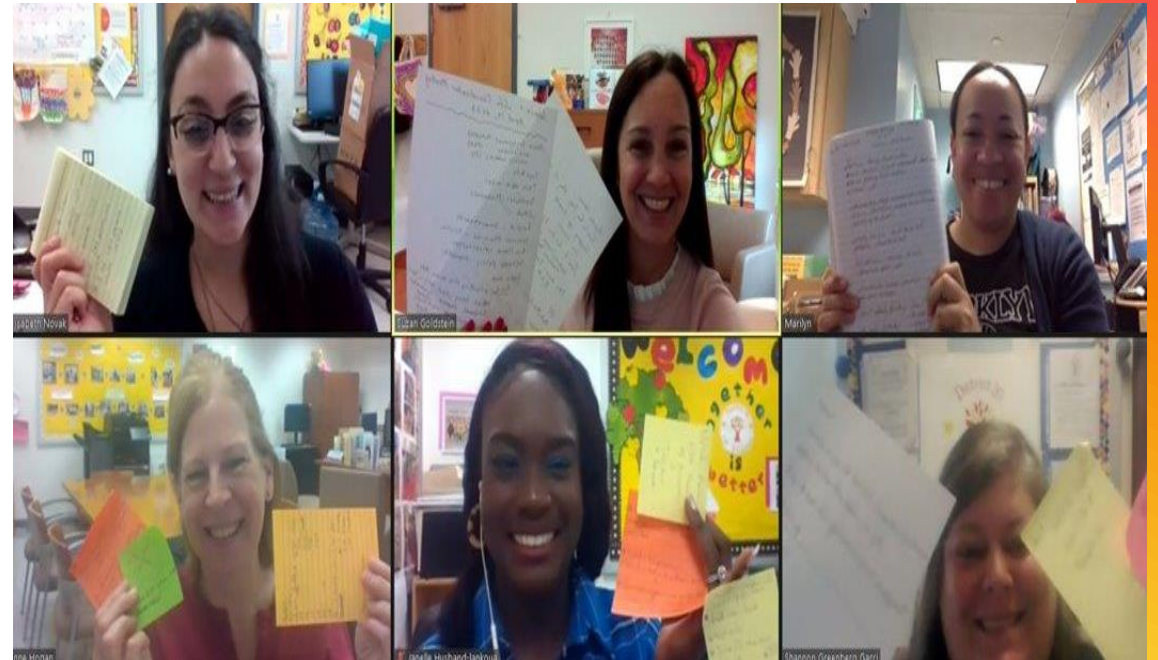
**Site Coordinators:**

**Q389:** Elizabeth Novak

**Q397:** Shannon Greenberg-Garcia

**Q78:** Marylin Guzman

**Q972:** Janelle Lankouande





## About the District 30 3K/ Pre-K Centers



We believe in creating a community of learners where our children, teachers, families, and community members will **grow** together. Working in partnership with families, we will provide children with experiences that will **help them develop and prepare them for the future.** We will offer children the opportunity to construct knowledge, develop creativity and self-expression, build healthy self-esteem, and engage in meaningful relationships with others outside of family life during episodes of play and learning.





# Our Mission and Vision



## **Mission Statement**

**District 30 3K/Pre-K Centers strive to promote a safe, loving, nurturing, and inclusive learning environment that celebrates the diversity of our students, staff, families, and our school community. We will build and sustain an equitable and supportive learning environment that ensures high quality instruction which develops our students to become confident, curious, caring, capable and enthusiastic life-long learners.**

## **Vision Statement**

**In District 30 3K/Pre-K Centers we respect and value differences by creating a community based on trust, communication, and understanding. We embrace diversity in all its forms such as race, ethnicity, socioeconomic status, gender, cultural backgrounds, housing status, and sexual orientation.**



# Our Instructional Focus & Equity Statement



## *Our Instructional Focus*

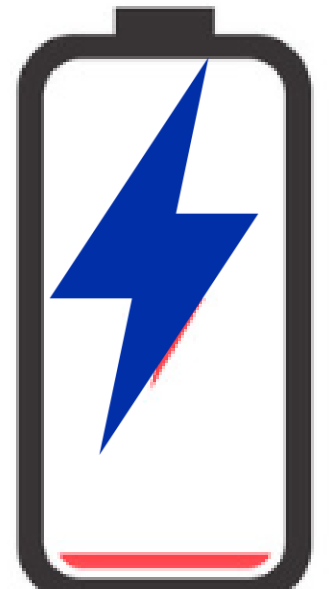
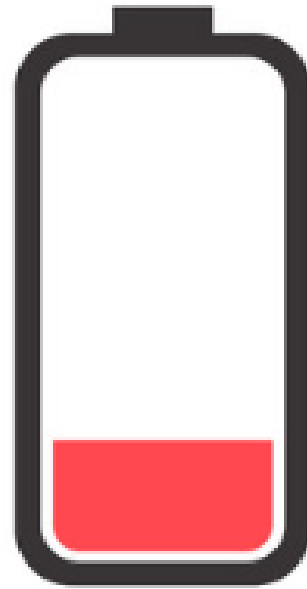
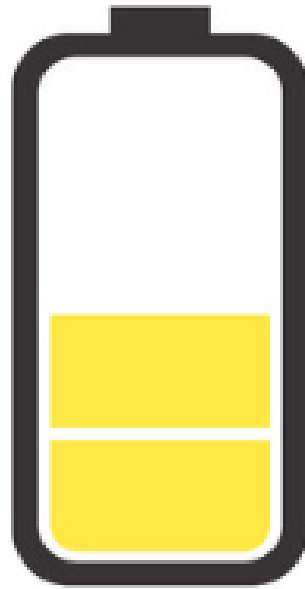
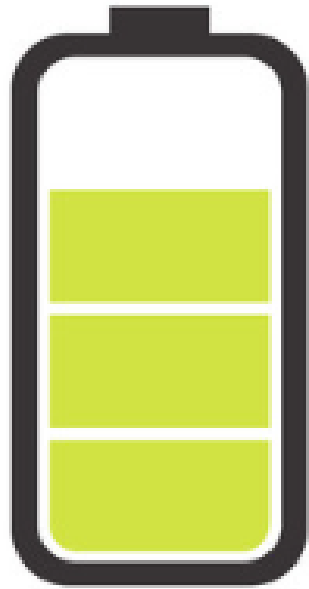
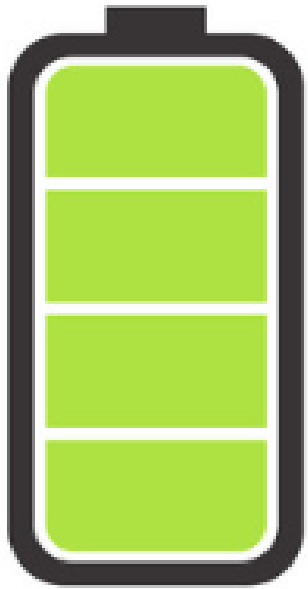
Our goal is to create a culture of high expectations for our students in an equitable and mindful environment that allows for creativity, exploration, and interactions that ensures equity of voice. Using data, which includes, ASQ: SE-2, ASQ-3, Teaching Strategies Gold, CLASS, ECERS-3, formal and informal observations, and authentic student work we drive our instruction to meet our students' individualized needs.

## *District 30 3K-Pre-K Centers Equity Statement*

At the 3K/Pre-K centers, all stakeholders believe that students can learn in their individual learning styles and needs in a safe and nurturing environment. We are committed to learning and growing in a school community about one another's individual customs, stories, experiences at home and in school. We believe in educating our community to have empathy for others while appreciating and respecting each other's differences. Through active listening, communication, and teamwork, we would like all individuals to understand and see themselves as contributing members to our school community. We celebrate and learn through one another.

# Social Emotional Check-In

What is your battery charge level right now? Use your fingers to show us the number that matches you best!



**1- Green**

Fully charged  
and going  
strong

**2- Chartreuse**

Mostly charged  
and going well

**3- Yellow**

Halfway  
charged; still  
ticking

**4- Red**

Barely holding  
on

**5 - Clear**

Not charged  
and in need of  
some support

**Fist - N/A**

Powered off but  
recharging and  
will be back  
soon



# Our Mindfulness and Social Emotional Mindsets



## Mindfulness

We believe that it is important for our students to develop habits for good mental health and wellness. Mindfulness techniques are incorporated in daily instruction.

## Social Emotional Learning

We believe in the importance of creating a social emotional and developmentally appropriate environment based on wellness, appreciation, collectiveness and self-awareness. (Sanford Harmony, Teddy Bear program)



# Our Culturally Responsive School Community

## Culturally Responsive



We believe in educating our community to have **empathy** for others while **appreciating and respecting** each other's **differences**. Through active listening, communication and teamwork would like all individuals to understand and see themselves as contributing members to our school community. We celebrate and learn through one another.

# Our Dual Language Program

## Dual Language for Pre-K

The goal of Dual Language instruction is to enable children to become bi-literate over the course of their education. Parents who choose this program for their children are choosing the literacy development of both the English and Spanish languages. The program supports children whose home language is Spanish, as well as English-speaking children who are interested in learning a second language. Half of the students selected will be those with a home language of Spanish, and half from whose home language is English.

### Weekly Schedule

50/50 model: 50% of the students are English-speaking and 50% Spanish-speaking. One full day of learning in Spanish and the following full day of learning is in English.

### Dual Language Programs Are Provided At

**Q389 (96-10 23<sup>rd</sup> Avenue, East Elmhurst)**

&

**Q397 (32-52 37<sup>th</sup> St. Astoria)**





You can't use  
up creativity.  
The more you  
use, the more  
you have.

- Maya Angelou

## 3K and Pre-K Curriculum

### *The Creative Curriculum for 3-K/Pre-K Students*

The Creative Curriculum builds children's confidence, creativity, and critical thinking skills through hands-on, project-based investigations. It promotes discovery and inquiry with opportunities for children to think critically.



# Creative Curriculum Units of Study



## 3-K Units of Study

- Building Your Classroom Community (The First Six Weeks)
  - Clothing
    - Bread
  - Music Making
    - Trees
    - Pets
  - Buildings
    - Wheels
- Tubes & Tunnels

## Pre-K Units of Study

- Building Your Classroom Community (The First Six Weeks)
  - Clothing
  - Buildings
    - Signs
    - Light
    - Water
  - Reduce, Reuse, Recycle
    - Gardening
- Getting Ready for Kindergarten



# Social Emotional Curriculum

## *Sanford Harmony Curriculum for 3K/Pre-K Students*

Sanford Harmony is a social-emotional teaching program that cultivates strong classroom relationships between all students. The program works to develop students into tolerant, compassionate, caring adults of the future. This is done by implementing relationship building and strategies that foster strong classroom communities by helping each child understand and appreciate the diversity in others.



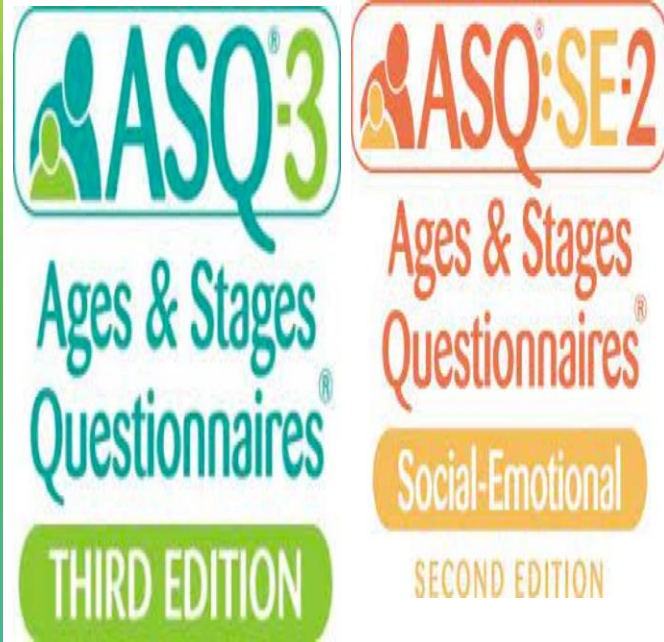


# Social Emotional Curriculum Continued....

## *Teddy Bear Program*

- Helps lessen psychological trauma
- Provides comfort for young children
  - Supports with coping strategies
- Offers something tangible to hold during times of crisis.
- Assists in diverting a young child's attention from the stress of the incident to the coziness of a teddy bear
  - Teddy bears are proven to have a calming effect

## **Ages and Stages Questionnaire (ASQ-3) & Ages and Stages Questionnaire: Social and Emotional (ASQ:SE-2)**



The Ages & Stages Questionnaires (ASQ-3) is a developmental screening tool completed by parents that pinpoints developmental progress in children. The ASQ is easy-to-use, family-friendly and creates the snapshot needed to catch delays and celebrate milestones.

The Ages and Stages Questionnaire: Social and Emotional (ASQ:SE-2) is parent-completed and focused solely on social-emotional development in young children. Accurately identifying behavior through ASQ:SE paves the way for next steps, further assessment, or ongoing monitoring, to help children reach their fullest potential during their most formative early years.

# Authentic Assessment: Teaching Strategies Gold



*Teaching Strategies GOLD* is an authentic, ongoing observational system for assessing children from birth through grade 3.

Teachers gather student data throughout the school year, in the context of everyday experiences, which is an effective way to learn what they know and can do.

Teachers use the data to inform their instruction as they meet the needs of all their students.



# Health and Safety

We expect and encourage you to send your child to school daily. However, please remember it is very important for children who are ill to stay home. This helps them to regain their health and helps other children to refrain from being sick.

➤ **Keep your child home if:**

- Your child has had a fever within the last 24 hours
- Your child has symptoms of a possible communicable disease (e.g., redness of the eyes, sore throat, headache, abdominal pains or diarrhea, rash, vomiting)

Children must be totally symptom free and medication free for 24 hours before returning to school. If your child becomes ill while in our care, we will call you and ask you to come and pick him/her up within 1 hour. If you cannot pick your child up, you are responsible to have a reliable emergency person to come in your place.





## The Building Response Team (BRT)

BRT Leader

Special Needs Coordinator

Emergency Officer

Incident Assessor

Assembly Point Coordinator

Recorder

&

## The Internal Subject Matter Experts

School Safety Agents

The Custodial Team

The Medical Office Staff



# The Building Response Team (BRT)

Building Response Teams (BRTs) are emergency information and action management teams that exist within each school

# Our Safety Protocols

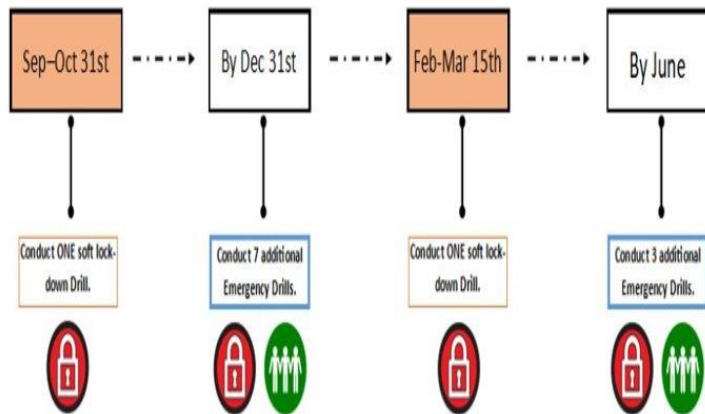
## STAYING ON TRACK WITH YOUR EMERGENCY DRILLS



4 Lockdown Drills



8 Evacuation Drills



Safety Drills are conducted at each site.

- Evacuation Drills—An alarm sounds and everyone in the building evacuates silently in single file.
- Lockdown Drills—An announcement alerts the students to stay where they are and remain quiet. Staff will shut the lights, lock the door and cover the door window.
- Shelter In Drills - An announcement directs students and staff to continue with business as usual. Exit doors are locked. No one exits or enters the building.
- Lockdowns—In an event of a real emergency, staff will shut the lights, lock the door and cover the door window. Students will remain quiet and secure a place in the classroom where they cannot be seen.

# Opening Week of School



All students will begin school on **September 7, 2023**, with a classroom visit with an adult, individual information will be provided to you. The time frame for these meetings will be provided by the teacher.

**September 7th:** Staggered times

**September 8th:** Half day for students 8:10 am-11:10 am

**September 11th:** First Full Day of school and begins a full week of school for all students 8:10 am-2:30 pm





# Our Daily School Schedule

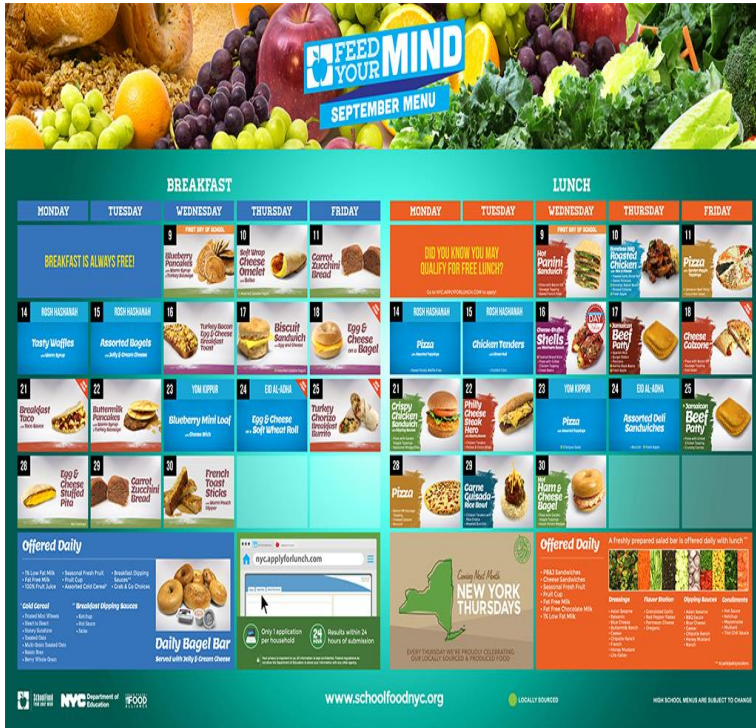
## Daily Schedule

- Arrival
- Breakfast
- Morning Meeting
- Topic of the day
- Interest Area Time
  - Lunch
- Gross Motor Play
  - Rest
- Large Group
- Interest Area Time
  - Snack
- Afternoon Meeting/Debrief
  - Dismissal

# Arrival & Dismissal



- Students school day is from 8:10am-2:30pm
- Students will be greeted by school staff each day in their designated location and will follow the same protocols for dismissal
- Be on time for arrival and dismissal promptly at assigned times
- If you are late this will affect other classes
- **All sites are closed at 2:30pm**
- Always bring proper identification with you when coming to the school buildings
- Emergency blue cards must be updated if any change is going to occur



# Mealtimes

- Free individually served breakfast and lunch is provided
- Meals meet dietary guidelines: (*Meals are not Kosher or Halal*)
- Students can choose to bring meals from home
- Snack Time - Parents provide healthy snack
- Family Style (individually portioned food) meals to encourage conversations and independence - meal times are instructional







# Interest Areas

## Block Area

Children can improve their motor skills, practice problem solving, and learn to work with their classmates while playing in the blocks interest area. The blocks area enables children to explore their creative side by building unique structures and communities with blocks, block people, and block animals. The blocks area also teaches children about basic engineering and architecture concepts.

## Dramatic Play Area

Dramatic Play interest area gives children opportunities to role play in everyday situations and a variety of careers. Dramatic play encourages creativity, self-expression, and knowledge of the community. The dramatic play area can also be used to help teach children learn about other countries, cultures, and customs

## Art Area

The Art interest area serves as a great creative outlet for children to help express their emotions and ideas. Children can experience different textures and use different materials as they create their works of art. Fine motor skill development and improved hand-eye coordination are other ways the art interest area benefits children.



# Interest Areas

## Sand and Water Area



The Sand and Water interest area helps to broaden children's sensory play experiences and encourages creativity as they use sand and water to explore their senses. Children can learn about sand and water and learn to share with others as they play in the interest area.

## Discovery Area



The Discovery Area brings the outdoors indoors and gives children opportunities to explore nature and science concepts. The children actively learn about the weather and climate in their community and make observations about daily changes they see in the weather. The children foster a strong connection and understanding of the environment around them.

## Toys and Games Area



The Toys and Games interest area helps children further develop their fine motor skills and better understand beginning math concepts. Children can also practice their problem-solving skills and improve their hand-eye coordination by sorting counters and participating in other similar activities. The toys and games interest area helps children have a more positive relationship with math, which influences their future education and career choices.

# Interest Areas

## Cozy Area

The Cozy interest area allows children to be aware of their own emotions. Children learn how to identify their emotions so they can better regulate them. The cozy area provides a safe space for children to process these emotions in a vulnerable state without distraction or judgment.

## Writing Area

The Writing interest area develops pre-writing and drawing skills by using a wide variety of tools. Children recognize and identify letters of the alphabet in print, environment, and own name. Children demonstrate increased emergent writing skills such as random marks, controlled scribbles, basic shapes, letter-like marks or letters to represent words, stories, ideas, experiences or objects. They will associate print with reading.

## Library Area

The Library interest area is a quiet area where children can go to practice their reading and comprehension skills. This interest area will also help children to express ideas, explore their interests, and learn about the world around them. A library interest area in the classroom helps to foster skills in children that will influence their overall success in school and in life.





# Rest Time

- Rest time is approximately 60 minutes for 3K and 40 minutes for Pre-K
- Children are not required to sleep
- Quiet music is played, and students can bring a book or a quiet toy to their cot
- A personal cot and sheet are provided and used throughout the year



# Gross Motor/Outdoor Play



- 1 period daily (60 minutes)
- Outside experiences are provided as often as possible and may include music and movement, song and dance, nature walks, exploration activities and free play! (real feel of 25 degrees or above)
- 3K/ Pre-K participates in **Rising New York Road Runners** to earn fun rewards for being active!
- Neighborhood walks to enhance classrooms studies and children's curiosity - **Please make sure to complete the trip slip form to allow your child to participate**
- Outdoor play spaces are located at Q397, Q389, D30 Pre-K Centers@78



**Our current unit of study is:**  
Welcome to Pre-K!

**Important Dates**  
10/12-No School  
Columbus Day

**Family Engagement**  
**Ask Me a Question!**  
Ask your child the following questions relating to our unit of study:  
• Can you name the friends and teachers in your class?  
• Who are people you see at school?  
After your child answers, let them ask YOU a question! Day: "How YOU ask me a question?" See where the conversation goes!

**Questions of the week:**  
• Who are the people in my classroom community?  
This week we will be focusing on our classroom community and those we encounter during our school day. We see lots of friends, both children and adults! Who are the important people you see throughout your community?

**Sanford Harmony:** We will continue to learn with Z. Students will discuss how talking and getting to know others can help them discover commonalities - even with those who may seem very different!

Check out our website [www.district30prekcenters.com](http://www.district30prekcenters.com)  
and follow us on Twitter (@D30PreK) and Facebook!  
Email us at [30Q389@schools.nyc.gov](mailto:30Q389@schools.nyc.gov)

# Family Engagement

Family engagement is the most effective strategy to increase your child's academic achievements. We see you as experts in your child's lives. Therefore, it is important for us to work closely together throughout the year to discuss your child's progress and ways we can help your child further. All staff are available daily to meet with you virtually or in person. Tuesday afternoons are specifically dedicated for parental engagement.

- **Weekly Newsletter**
- **Parent Teacher Conferences**
- **Questionnaires & Surveys (ASQ-3 and ASQ-SE)**
- **Facebook/Twitter/School Website for Updates and Photos**
- **Monthly Parent Zoom Meetings with Dr. Goldstein, Principal**
  - **Parents are invited throughout the year for different celebrations and shows in person and via zoom**
- **D30 Pre-K centers utilizes the REMIND App to communicate with families as well as email**





# School Calendar

School Calendar - DOE  
website [schools.nyc.gov](https://schools.nyc.gov)

Check your emails daily for important  
updates and notifications!

Please sign up for our REMIND app for  
important updates

Follow us on Twitter @D30Prek and  
Facebook (bottom of every newsletter)

Instagram - New this year

School website: [District30prekcenters.com](https://District30prekcenters.com)



# Remind App: Sample

PS 78: ps784k

Q397 : q3974k

Q389 3K : q3893k

Q389 4k : q3894k

Q972 3K : q9723k

Q972 4K : q9724k



# School Administration & Parent Meeting



**WEDNESDAYS AT 9:30AM**

**September 13, 2023**

**October 18, 2023**

**November 15, 2023**

**December 13, 2023**

**January 17, 2024**

**February 14, 2024**

**March 20, 2024**

**April 17, 2024**

**May 15, 2024**

**June 12, 2024**



## **District 30 3K/ Pre-K Centers Parent Advisory Committee (PAC)**



- Committee of Parents who collaborate to make our centers the best they can be!
  - Plan and host special events for students and families
  - Membership is open to all parents and family members
  - Meetings are held via Zoom monthly
- \*\*\* New this year: Volunteer to be a class parent\*\*\*





# School Supplies

- Lunchbox for healthy snack
- Backpack
- Blanket
- Crib sheet (optional -we do supply cot sheets)
- Water bottle (optional)
- Complete change of clothes (socks, underpants, shirt, pants) labeled with your child's name - in a large Ziploc baggie

# SCHOOL SPIRIT SALE!



4 COLORS TO CHOOSE FROM!

4 COLORS TO CHOOSE FROM!



NAVY



LIGHT  
PINK

WHITE



GRAY

## School Logo T-Shirts

If you are interested in purchasing a school t-shirt, please ask your classroom teacher or reach out to your site coordinator.

We need to plan for what is known and adjust as more information is provided.

- ❖ Change is hard... in this situation it is incredibly hard....
- ❖ We can't predict the future.
- ❖ We don't have all the answers.
- ❖ We won't have all the answers all at once.
- ❖ There is high potential that our answers may change.
- ❖ The only constant is change.



# HERE'S THE Scoop!

JOIN US FOR A MEET & GREET WITH DISTRICT 30'S NEW I.A. SUPERINTENDENT MS. HIDALGO

**FREE**  
Ice Cream

**Friday, Sept 1st**

**4:00-6:00PM**  
**LOCATION TBD**



**NYC**  
**KIDS RISE**  
Save for College Program

Helados  
**GRATIS**

*Mission: Soften*

**Viernes, 1 de Sept**  
**4:00-6:00PM**

**UBICACIÓN: P.S. 152**  
**33-52 CALLE 62**



# AQUÍ ESTÁ LA Primicia!

ÚNASE A NOSOTROS PARA CONOCER Y SALUDAR A LA NUEVA I.A. SUPERINTENDENTE DEL DISTRITO 30, LA SRA. HIDALGO

VENGA A APRENDER SOBRE EL PROGRAMA NYC KIDS RISE AHORRE PARA LA UNIVERSIDAD

Helados  
**GRATIS**

*Mission: Soften*

**Viernes, 1 de Sept**  
**4:00-6:00PM**

**UBICACIÓN: P.S. 152**  
**33-52 CALLE 62**





# Together Is Better, Together As One



Together  
is a Wonderful  
place to be

**Together is better**



**Together as one!**

